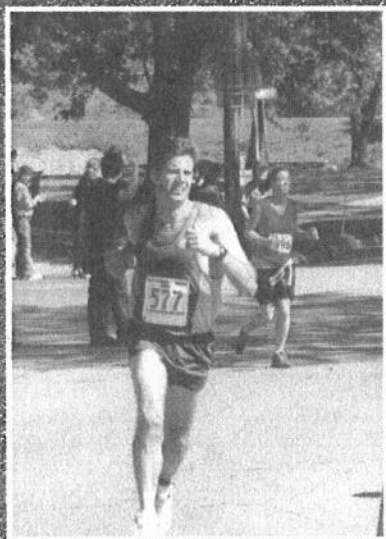


# Sytttende Mai

# 2004 Results Book



Patrick Schneider  
1:55:01

May 15,  
2004

Molly Watcke  
2:07:28





**Molly Watcke - 2004 Syttende Mai Run First Place Female Winner:**

Molly is married to Craig Watcke and lives in Verona with their daughter, Emma, who will be three years old in June, 2005. She is expecting their second child in January, 2005! Molly currently works as a Quality Specialist (kids and women's footwear) for Lands' End in Dodgeville, WI.

"I am proud to have been the first place winner in both the 2003 and 2004 Syttende Mai Run. There is still a "question mark" for the 2005 Syttende Mai Run based on the birth of my second baby, which is projected for January, 2005.

My other favorite races other than the Syttende Mai have included Two World Cross Country Championships, Crazylegs & Komen Race for the Cure Series. The Crazylegs brings back childhood memories; some that include my late father, Dan McClimon. I am grateful to have so many fond memories of my dad! Komen Race for the Cure reminds me that running is a great pleasure...but reminds me of the important things in life.

My favorite part of the Syttende Mai Run is being greeted by the walkers who line the roads for miles and miles. Thank you, thank you, walkers for all of the cheers!! I also like the downhill turn off of Main Street to the finish line! The least favorite part is the turn onto the highway (entering Stoughton). Those last miles are tough for me!"



**Pat Schneider - 2004 Syttende Mai Run First Place Male Winner:**

Pat and his family have lived in Stoughton for almost 5 years. He teaches U.S. History and Economics at Stoughton High School and has served on the Stoughton City Council since 2002. Pat started running distance events about 15 years ago while in high school and ran track and cross country at UW-Platteville.

"I ran my first Syttende Mai Run in 1996 while still in college. My college cross country coach suggested the run as a good way to start summer training. It turned out to be a very hot day. I didn't drink enough water and went out too fast; had to stop by the side of the road and nearly passed out near the 16 mile mark; ended up finishing the race but was very afraid to try again. In 1999, I decided to try the race again and have run it a total of 6 times. It is one my favorite races and is a very beautiful course. Running down John Nolen Drive to being cheered down Main Street Stoughton is a one of a kind experience. The volunteers are great and the walkers do a phenomenal job cheering for the runners in the last 10 or so miles.

Winning the Syttende Mai this year was the most rewarding running experience I have ever had. I have only won a few races in the past and have had to overcome many injuries. It felt good to win a big race in the place I call home in front of so many people that I know. Winning the Syttende Mai capped one of the best years of my life...my daughter was born, I ran my first marathon (Milwaukee) and I won the Syttende Mai.

The most difficult part of Syttende Mai is the hills. The course keeps putting obstacles in front of you. I have been more sore after the Syttende Mai than after running a marathon. When it is hot and sunny, the worst part of the race is dehydration. With the race being in early May, it is impossible to know what type of weather you are going to encounter. Even though the course is one the prettiest I have run on, it can also be very brutal.

The two best parts of the Syttende Mai are the feeling of community spirit as you run into town and being able to hang out with family after the race and eat great food. I plan on running the Syttende Mai many times in the future; even if I never win the race again, I will always remember the day I did."



## Run

Again, the Syttende Mai Run was a proven success. We enjoyed great weather and all enjoyed a challenging course in perfect condition. This is my last year as the official race director and I want to thank all of the many volunteers who I have worked with over the years to make the Syttende Mai Run a classic race. I wish the new race directors, Jason Enke and Marc Soderbloom, all of the best in the next years to come. They both have a lot of past race experience and I enjoyed working with them during the 2004 race to ensure a smooth transition for the future. We encourage all past & future race participants to keep training and look forward to seeing you run into our great city of Stoughton for the 2005 Syttende Mai Run on May 14, 2005. Make plans to stay and enjoy all of the festivities that Stoughton has to offer during the weekend.

Thanks,  
Paul Miller

## Walk

2004 was our first year as the walk start directors and we were fortunate to have yet another strong turnout for the 17 mile trek from Madison to Stoughton. It was great to meet all of the dedicated walkers and volunteers who get up very early that Saturday morning for a very fun event. A special thank you to all of the wonderful "Volksmarch" volunteers and everyone else along the course who helped to assist the walkers and runners. As in previous years, walking no more than two abreast is appreciated by all and helps keep the event safe, which is a major priority. All of the runners truly appreciate your cheers and support given along the race course. We look forward to seeing all of you again, plus some new walkers, for the 2005 Syttende Mai Walk.

Enjoy and keep walking!!  
Donna & Randy Olson

## 2004 Credits

<b>Run Director &amp; Finish Line Coordinator.....</b>	Paul Miller
<b>Walk Director and Start Coordinator.....</b>	Donna & Randy Olson
<b>Run Start Coordinator.....</b>	Sara Paton
<b>Aid Stations Coordinator.....</b>	Jerry Leikness - assisted by Tom Luttig
<b>Aid Stations Staffed by:</b>	
Mile 3.....	Bob Wood
Mile 5.....	Steve Van Steenderen
Mile 8.....	Evergreen State Bank
Mile 10.....	Linda & Jerry Leikness
Mile 12.....	Dean Clinic Employees
Mile 15.....	Jerry & Shari Buskager
Mile 17.....	Jeff & Kim Vale
Mile 18.....	Fleetguard/Nelson Employees
<b>Awards.....</b>	Doris Barry & Stoughton Rosemalers
<b>Finish Line Workers.....</b>	Stoughton High School F.F.A. Stoughton High School Sports Boosters
<b>Medical Director.....</b>	Holly Hanson
<b>Medical Supplies.....</b>	Stoughton Hospital Association
<b>Safety EMT's.....</b>	Madison, Stoughton and Dane County
<b>Run and Walk Bib Numbers.....</b>	Fleetguard/Nelson
<b>Data Entry and Computer Timers.....</b>	Sports Management Associates
<b>Photographs.....</b>	Luttig Imaging & Photography - Tom Luttig, Stoughton Courier Hub - Rich Hummel, Joe Koshollek - Margit Gerber



# Winners and Records

## Winners

<u>Year</u>	<u>Male</u>	<u>Time</u>	<u>Female</u>	<u>Time</u>
1973	Dan Winzenreid	1:51:06	Sharon Mullen	0:44:21***
1974	Alan Claremont	1:51:57	Diane Holum	2:36:54
1975	Steve Hoag	1:44:46	Peggy Stafford	2:39:35
1976	Lucian Rosa	1:45:44	Donna Senzig	2:30:33
1977	Kerry Mayer	1:50:25	Cindy Therriault	2:26:49
1978	Gary Barrett	1:49:36	Mary Bange	2:12:12
1979	Tom Antczak	1:42:48	Lorraine Moller	1:58:36
1980	Mrk Glessner	1:46:19	Lorraine Moller	1:55:36**
1981	Tom Antczak	1:42:20	Lorraine Moller	2:00:44
1982	Jim Ingold	1:45:30	Mary Beth Spencer	2:03:36
1983	Jim Ingold	1:40:20*	Cheryl Konkol	2:00:22
1984	David Allen	1:45:29	Linda Walker	2:09:17
1985	David Allen	1:42:42	Mary Bange	2:06:35
1986	Tom Antczak	1:48:29	Mary Gellerup	2:13:14
1987	Jim Ingold	1:47:34	Mary Gellerup	2:11:46
1988	Richard Kaitany	1:43:21	Christine Bebow	2:08:18
1989	David Allen	1:42:58	Jocelyn Purtell	2:09:17
1990	David Allen	1:50:03	Mary Gellerup-Poser	2:13:34
1991	David Allen	1:45:34	Jane Moser	2:08:23
1992	David Allen	1:49:54	Kristine Guderyon-Goetz	2:15:42
1993	David Allen	1:46:22	Mary L. Gellerup-Poser	2:09:36
1994	Jim Ingold	1:50:10	Jackie Morgan	2:21:34
1995	Chip Cheney	1:57:15	Patti Sheppard	2:09:35
1996	Scott Jenkinns	1:57:05	Kristine Guderyon-Goetz	2:22:30
1997	Joel Wagner	1:50:10	Mary Gellerup-Poser	2:11:29
1998	Peter Sell	1:53:06	Linda Walker	2:14:41
1999	David Williams	1:52:08	Kit McCaffrey	2:13:53
2000	David Williams	1:50:42	Chris Hemming	2:15:50
2001	Ron Welhoefer	1:59:57	Mary Bolich	2:20:04
2002	Ron Welhoefer	1:55:29	Ann Heaslett	2:11:23
2003	David Williams	1:47:35	Molly Watcke	2:07:43
2004	Patrick Schneider	1:55:01	Molly Watcke	2:07:28

\* COURSE record and MALE record

\*\* FEMALE record

\*\*\* Seven Mile Course (1973)

## 2004 Age Group Winners

<u>MALE</u>			<u>FEMALE</u>		
<u>Age Group</u>	<u>Time</u>	<u>Name</u>	<u>Age Group</u>	<u>Time</u>	<u>Name</u>
Open*	1:55:01	Patrick Schneider	Open*	2:07:28	Molly Watcke
-24	2:18:46	Philipp Hoechst	-24	2:27:56	Alliss Possin
25-29	2:03:26	Paul Webber	25-29	2:14:35	Emily Farrell Thiel
30-34	1:57:13	Anthony Escarcega	30-34	2:25:00	Kit McCaffery
35-39	2:13:51	David Harrison	35-39	2:29:47	Chris Eifert
40-44	2:11:50	Tom Woody	40-44	2:17:09	Jackie Morgan
45-49	2:06:38	Chip Cheney	45-49	2:15:52	Monica Theis
50-54	2:14:44	Paul Kmiecik	50-54	2:27:56	Kristine Guderyon-Goetz
55-59	2:10:31	Charles Possin	55-59	2:55:40	Christy St. Clair
60-64	3:01:07	Rod McLean	60-64	3:33:23	Susan Peters
65-99	2:47:42	Tom Jensen	65-99	4:01:29	Beverly Lampe
Stoughton	1:55:01	Patrick Schneider	Stoughton	2:17:09	Jackie Morgan

\*First male & female regardless of age.



# Winners and Records

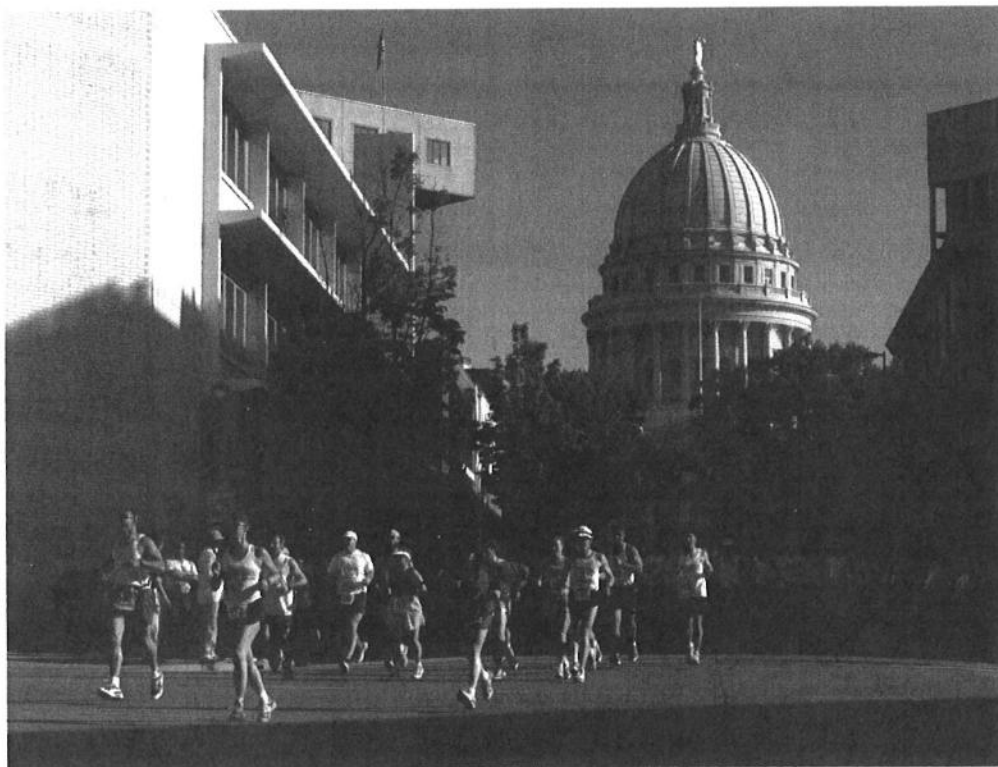


## 1973 - 2004 Record Holders Male

<u>Division</u>	<u>Time</u>	<u>Name</u>	<u>Age</u>	<u>Year</u>
-24	1:42:53	Joe Kreutz	24	1981
25-29	1:40:20	James Ingold	26	1983
30-34	1:42:20	Tom Antczak	30	1981
35-39	1:45:34	David Allen		1995
40-44	1:46:10	Bruce Mortenson	41	1985
45-49	1:54:27	Hal Higdon	48	1980
50-54	2:01:37	Al Treichel	54	1983
55-59	2:08:54	Bob Fitts	57	2000
60-64	2:16:31	Paul Kutschera		1994
65+	2:32:25	Joseph Powers	65	1991
Stoughton	1:53:41	Lee Wilcox	40	1979

## Female

<u>Division</u>	<u>Time</u>	<u>Name</u>	<u>Age</u>	<u>Year</u>
-24	1:55:36	Lorraine Miller	24	1980
25-29	2:00:44	Lorraine Miller	25	1981
30-34	2:04:12	Mary Bange	30	1983
35-39	2:11:18	Kris Guderyon-Goetz	37	1991
40-44	2:14:35	Kris Guderyon-Goetz	43	1997
45-49	2:15:52	Monica Theis	47	2004
50-54	2:27:56	Kristine Guderyon-Goetz	50	2004
55-59	2:42:25	Beverly Lampe	55	1987
60-64	2:48:31	Beverly Lampe	62	1994
65+	3:02:04	Beverly Lampe	65	1997
Stoughton	2:13:59	Betsy Lee	19	1983







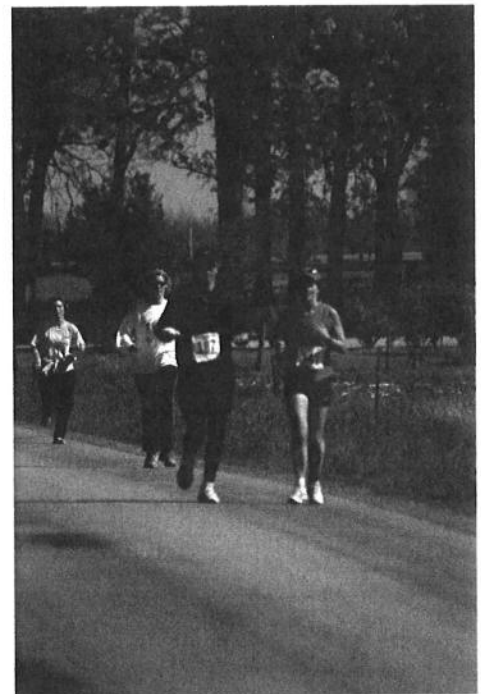
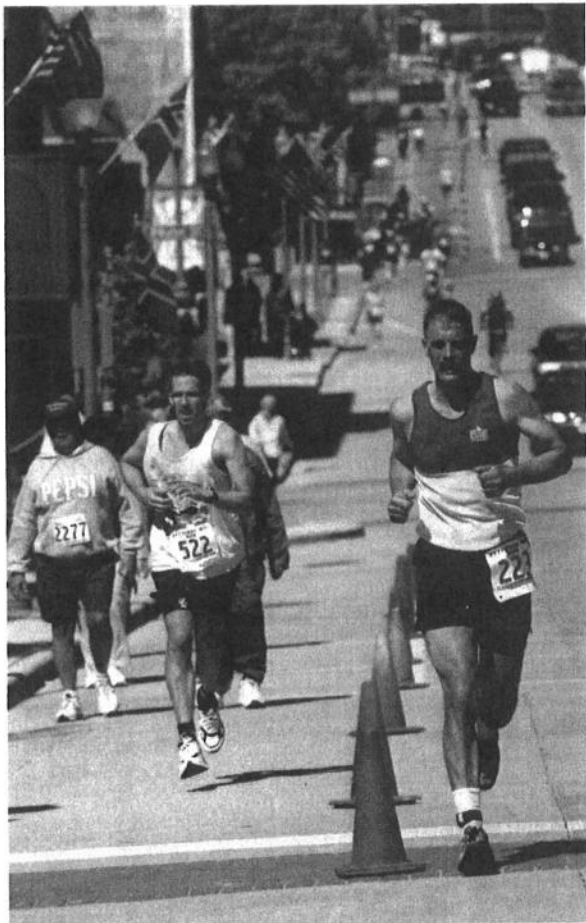




# 2004 Race Results



PLACE	NO.	NAME	CITY	DIV	DIV	TIME
538	441	SCHICKER REBECCA L	MIDDLETON WI	29	F2529	3:52:01
539	417	RICHARDS SALLY	OAK PARK IL	27	F3034	3:52:01
540	113	COOVER JOHN	MADISON WI	10	M6599	3:52:36
541	196	HAKES ROBERT	OAK PARK IL	11	M6599	3:53:25
542	429	ROZMAN JENNIFER	SUN PRAIRIE WI	28	F3034	3:55:19
543	383	PATON MARGARET N	MARIETTA GA	11	F5054	3:55:36
544	406	RABUN BUDDY	MARIETTA GA	50	M5054	3:55:37
545	278	LAISHES BRIAN A	MADISON WI	34	M5559	3:55:38
546	124	DESCHANE JERRY	STOUGHTON WI	61	M4044	3:56:24
547	618	LONDON JOHANNA	STOUGHTON WI	30	F3539	3:56:34
548	303	LYNCH SHEILAH	MADISON WI	30	F2529	3:57:03
549	620	LUCAS CHRISTINE	MADISON WI	31	F3539	3:57:58
550	67	BILARDELLO DON R	MADISON WI	9	M6064	3:59:39
551	455	SCHULER MYRON J	ORFORDVILLE WI	10	M6064	4:00:13
552	279	LAMPE BEVERLY D	MADISON WI	1	F6599	4:01:29
553	294	LOFTHUS BILL	MADISON WI	12	M6599	4:04:47
554	318	MARTENS COURTLAND G	MARSHALL WI	12	M0124	4:13:15
555	644	VAKHARIA NATHON	MC FARLAND WI	42	M3034	4:13:15
556	585	OLSON ERIC	SUN PRAIRIE WI	43	M3034	4:19:25
557	121	DAVIS III CEDRIC A	JANESVILLE WI	62	M4044	4:20:12
558	636	SMITH KAREN	MADISON WI	19	F4549	4:20:27
559	282	LAWRENCE BILL M	MADISON WI	11	M6064	4:21:34
560	543	WETHAL DICK	STOUGHTON WI	12	M6064	4:48:45
561	110	CONNERY PAUL	FLOSSMOOR IL	51	M5054	4:50:52





## "MILES AND MILES"

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"Syttende Mai has been my favorite race over the years. This coming year will be 25th time to run it. I have scheduled surgeries taking into account when the race is. No matter where I have been or what has been happening in my life, I have made sure to run this race, if no other. Thanks for a great incentive!" Sue

"I have enjoyed running this race in 2003 and 2004. There are lots of hills and a friend of mine passed me going up every one of them and I would then catch back up to him on the straight aways. My family met me at the finish line and we enjoyed the festival and ride back home to Milwaukee with friends. I am planning on running it again in 2005!" Louise

"I am proud to say that I have done 26 straight Syttende Mai Runs. (1979-present) I have always enjoyed the small town flavor of the fun. Despite varied weather conditions over the years, the volunteers who have helped out are always just great. I even got engaged to my wife after the 1983 run! Don't change a thing...A classic Wisconsin Run!!" Doug

"This was my first Syttende Mai run; for that matter, my first competitive 20 mile run. I had an awesome time! The weather was perfect and so was the run. I drove to Stoughton and rode the bus into Madison. On the bus I made it a point to introduce myself and talk with some of the other runners. It was so cool when we met up together along the route. I was impressed with a lady that I sat with on the bus who said she was a seasoned Syttende Mai walk/runner of 17 years. Your event is tremendously well organized. I was very impressed from the time I got on the bus to the time I got back in the car to drive home. I did the run as a training run for my half-iron training. I plan on training for half-irons again in 2005 so am considering the Syttende Mai run again as part of that training. Kudos to you and your staff for organizing such a tremendous event." Julie

"In my 23 Syttende Mai Runs, I have come to understand why people envy the Midwestern friendliness traditions and spirit...everyone is great! I have also enjoyed the variety of weather conditions! I have run in the low 40's temperatures with rain coming down sideways to 80 degrees, clear skies and humid. With that I have traveled around the country running in 69 marathons and two Ironman Triathlons. Needless to say, if it came down to choosing one race for the year, I'd take my mid-May, Saturday morning run from Madison to Stoughton over them all!! Thanks for the memories past and those to come." Mark

"With Syttende Mai, it's all about the weather!! My winning times were pretty slow, but they both came on hot days. I'm relatively strong in the heat. It's amazing what you can learn about people in 20 miles; I've made friends while running the course!" Kristine

"I have run Syttende Mai every year since 1984, except the year my son got married on race day and you refused my request to change the date! It is the one race that has endured through the years. It is a no-hassle race, easy to get to, great course, not too crowded, extremely well managed, and easy to get home from. This race is the best kept secret in America. It hasn't improved with age. It was perfect when I first ran it in 1984 when Duane Berg was race director, and hasn't changed a bit. Keep up the good work." J. David

"In 2004 I completed my 20th Syttende Mai run. I always considered this to be the toughest course of all the distance runs I've done. I thought that if I continued running it year after year, that eventually I would wear down the hills. I think it's working! I'll get back to you after my next 20." Tommy

"The Syttende Mai Run is one of the hardest runs I've ever done, but it's also one of the best. Everything about this run is outstanding - from the folks who gather at the capitol square to see the runners off, to the support crews and spectators along the route, to the individuals lining the streets of Stoughton and cheering on the runners on the homestretch. Thanks for organizing a first-class event!" Liz



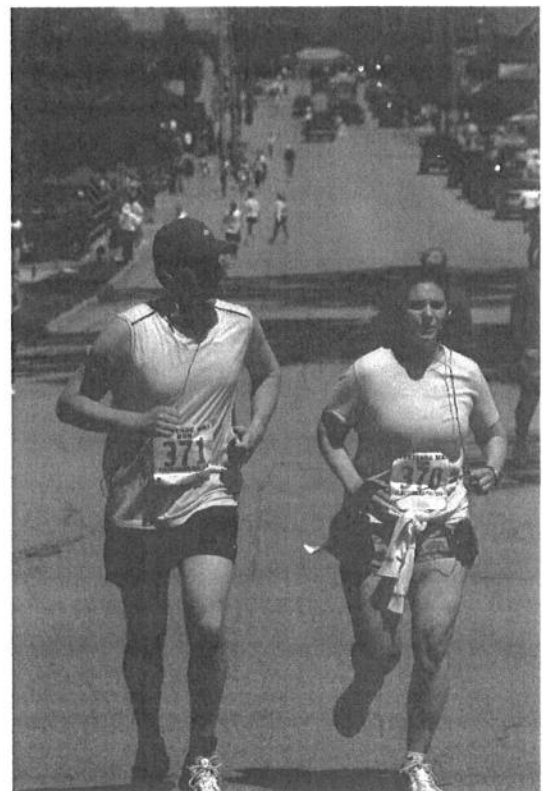
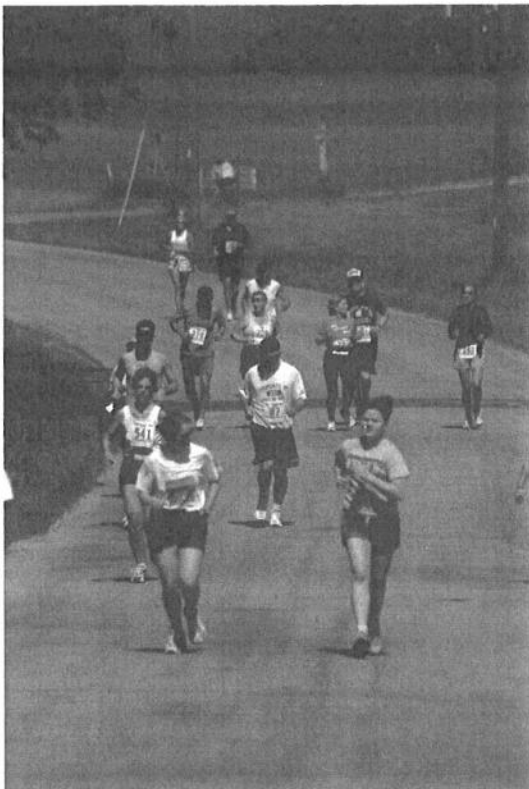
"You never know what the weather will be like on race day, but one thing is certain - the run down Main Street is unforgettable." Wade

"One statement....it doesn't get any easier!" Michael

"Having run Syttende Mai 32 times, it is certainly true that the older I get, the better I was!!" Peter

"I ran the 1990 race where it got colder and wetter as the race went on. I remember the wind blowing the rain horizontally while I was trying to get to Hwy 138. The second half the race was very tough. I ran in a t-shirt and shorts with a singlet over my t-shirt. My arms were bright red when I finished. I got my bag right away, but couldn't unzip it - my hands were useless. I had to just stand there on the gear bus dripping and blowing on my hands for five minutes or so until I could close my fingers again and get my dry clothes out. I showed up in that 1990 results book as 29th overall, "unidentified" runner at 2:05:40; still my 20-mile PR. I surmise that the rain ruined the printing on my tear-off. My time was exactly right, though! I still have my first Syttende Mai t-shirt; has a "10" on the sail on the sleeve; that would make my first Syttende Mai 1982 and since have done about 15 more of them. On rare occasions I've placed in my age group. As a product of the "first running boom", my age group has always been one of the toughest (I'm 46 now). I have a black wooden dagger with the rosemaled painting on it somewhere that I won one year. Joe Powers of Oak Park, IL, who held the Syttende Mai male 60-64 record for many years was a friend of mine. He passed away a couple of years ago. Syttende Mai is my favorite race in the Midwest regardless of the distance. I like it better than Bix, Indy 1/2 marathon, Grandma's, Chicago Marathon, etc. Syttende Mai is unique; it's also a good excuse for never having run Ice Age!" Bruce

"Every year, Syttende Mai is the only race that's a "sure thing" on my schedule. I really enjoy this run because of the distance, which is long enough to be challenging; something you wouldn't do on a whim; but not quite as daunting as a marathon. Even though the Syttende Mai course is fairly tough, those extra 6 miles of a full marathon seem like a lot more, so 20 miles is a bit more runner friendly. While you can find a marathon to do almost any weekend of the year, this is a one-of-a-kind race with a lot of unique qualities." Jackie





## "TALK FROM THE WALK"

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"In regards to the Syttende Mai Walk - the weather was perfect - but the hills seemed bigger this year!!" Jill

"This was my first year participating in the Syttende Mai Walk. I had never walked more than 6 miles at one time and I was so proud to finish in under 5 hours! It was fun - an event for my 2 co-walkers as well, and we already have it on our calendar for 2005." Carol

"After watching all of the walkers having a great time - even at the end of the route - I decided to sign up for the walk myself and have been doing it ever since. I'm proud to be a part of this event - everyone is so supportive; especially the last couple of miles and the finish line." Terri

"The Syttende Mai Walk has traditionally been my major incentive to get out and hit the pavement or my treadmill after the holidays. Even though it's a non-competitive event, I try to finish in a better time each year. I've walked alone and with friends over the years and have always had a great time!" Mary

"I traditionally come to Stoughton for Syttende Mai every year to visit relatives so decided to sign up for the walk - I ended up having so much fun that I am now recruiting more to join me. It was a great addition what has always been a fun weekend." Jeanne

"I have done the Syttende Mai walk with friends, co-workers, and family members; some years I just started alone and make friends along the way. I am looking forward to walking my favorite 17 miles again in 2005." Jeff

"Now that our kids are grown up, my sister and I are able to do the Syttende Mai 17 mile walk together. We talked about how much fun it would be to try - and wish now we would have started this spring tradition sooner." Kim

"Being part of a group of walkers, Syttende Mai has been on my schedule for many years - I think at least 15; there has been a variety of weather over the years but we always made it to the end. It's fun meeting other walkers and cheering on the runners as they make their way to Stoughton." Don



# 2004 Walk Participants



NO.	NAME	SEX	AGE	CITY	STATE	NO.	NAME	SEX	AGE	CITY	STATE
2571	DIANE AAROEN	F		MC FARLAND	WI	2625	JULIE COULTER	F		JANESVILLE	WI
2570	DANETTE AAROEN	F		MC FARLAND	WI	2076	KAREN CROOK	F		WAUNAKEE	WI
2001	JODI ACKER	F		SUN PRAIRIE	WI	2077	DENISE CROSBY	F		MADISON	WI
2002	KEN ACKERMAN	M		MADISON	WI	2078	JESICA CROSE	F		MADISON	WI
2003	NINA ALBANESE-KOTAR	F		MADISON	WI	2079	KAREN CZEBOTAR	F		MC FARLAND	WI
2004	KIT ALBRECHT	F		MADISON	WI	2080	DANAE DAELLENBACH	F		STOUGHTON	WI
2005	SARA ALBRECHT-CHUBR	F		MADISON	WI	2081	MANDE DAGLE	F		WARREN	IL
2006	CAROL ALEXANDER	F		ROSCOE	IL	2082	SHARON DAHLBERG	F		COTTAGE GROVE	WI
2007	PAULA ALT	F		MADISON	WI	2083	DICK DAVIES	M		MADISON	WI
2008	TROY ALTON	M		VERONA	WI	2084	PHYLLIS DAVIS	F		WINDSOR	WI
2010	SHARON ANDERSON	F		SUN PRAIRIE	WI	2626	LISA DEAN	F		JANESVILLE	WI
2009	MARY ANDERSON	F		EVANSVILLE	WI	2085	SARAH DEBBINK	F		OOSTBURG	WI
2011	TANYA ANTONSEN	F		OAK CREEK	WY	2086	DIANE DENNIS	F		MOUNT HOREB	WI
2012	DALE AREY	M		MADISON	WI	2087	REBECCA DEVEREAUX	F		STOUGHTON	WI
2572	ANDREA ARNETT	F		OREGON	WI	2088	DONNA DIGMAN	F		PLATTEVILLE	WI
2013	BECCA ARVOLD	F		STOUGHTON	WI	2089	LAURIE DIGMAN	F		WAUPUN	WI
2014	SHELI ASLESON	F		STOUGHTON	WI	2090	LISA DIGMAN	F		LA CROSSE	WI
2015	DENISE AULIK	F		STOUGHTON	WI	2091	BRUCE DITTMER	M		STOUGHTON	WI
2016	ILENE AXFORD	F		EVANSVILLE	WI	2092	TERRY DITTMER	F		STOUGHTON	WI
2573	REBEKAH AXFORD	F		EDGERTON	WI	2093	ALTHEA DOTZOUR	F		MADISON	WI
2017	ALICE BACH	F		MADISON	WI	2094	TOM DOYLE	M		MARSHALL	WI
2018	MAGGIE BACH	F		MADISON	WI	2095	JOY DRUMMOND	F		MADISON	WI
2019	MISTY BAEHLER	F		BARABOO	WI	2096	LISA DUECKER	F		DELAFIELD	WI
2020	CATHY BAER	F		MADISON	WI	2097	JOHN DUNN	M		MADISON	WI
2022	WILLIAM BAILEY	M		MADISON	WI	2098	DIANA DURANT	F		MADISON	WI
2021	JANE BAILEY	F		MADISON	WI	2099	LAURA DYSON	F		OAK CREEK	WI
2023	MARIA BARLOW	F		MADISON	WI	2100	ANDY EBERHARDT	M		COTTAGE GROVE	WI
2024	REBECCA BARRETT	F		ELKHORN	WI	2101	JACK EISELE	M		MINERAL POINT	WI
2025	MARCIA A. BARRON	F		MILWAUKEE	WI	2102	ALYSON EITH	F		MCFARLAND	WI
2026	GINA BARTEL	F		RACINE	WI	2103	CONNIE ELLINGSON	F		WAUNAKEE	WI
2027	KRIS BAUMGARTNER	F		BELLEVILLE	WI	2104	KAREN EMMRICH	F		MADISON	WI
2028	CHRISTINE BAVERY	F		OREGON	WI	2105	GILBERT ENGEL	M		NIAGARA	WI
2029	HEATHER BECKSTROM	F		STOUGHTON	WI	2106	EUGENE ENGELDINGER	M		KENOSHA	WI
2030	JOANN BERNARDS	F		MADISON	WI	2107	LOUISE ENNIS	F		SUN PRAIRIE	WI
2031	ALICIA BETHKE	F		MADISON	WI	2108	STEVE ENSTROM	M		MADISON	WI
2032	BRUCE BEWEY	M		MIDDLETON	WI	2109	PHYL ERICKSON	F		DODGEVILLE	WI
2033	CATHY BEYER	F		MADISON	WI	2110	WENDY FACINGER	F		JANESVILLE	WI
2034	AVE BIE	F		MADISON	WI	2112	RUDOLPH FADROSKI	M		FORT ATKINSON	WI
2036	JULIE BINDL	F		SPRING GREEN	WI	2113	SARAH FADROSKI	F		FORT ATKINSON	WI
2037	TIM BINDL	M		SPRING GREEN	WI	2111	AMANDA FADROSKI	F		FORT ATKINSON	WI
2035	ALICE BINDL	F		SPRING GREEN	WI	2114	TIM FARRELL	M		SUN PRAIRIE	WI
2038	VINCENT BLEGEN	M		STOUGHTON	WI	2115	MARY JO FEENEY GEBH	F		MADISON	WI
2040	SUSAN BLEIMEHL	F		VERONA	WI	2116	MARY FELDMAN	F		MADISON	WI
2039	JOHN BLEIMEHL	M		VERONA	WI	2117	MARCEE FELLOWS-SEMP	F		BYRON	IL
2041	SALLY BOEGLI	F		BRODHEAD	WI	2601	DANA FERGUSON	F		STOUGHTON	WI
2042	BARBARA BORDE	F		MADISON	WI	2118	NAN FEY	F		MADISON	WI
2043	CHRIS BORLESKE	F		MADISON	WI	2119	JOAN FIELD	F		MADISON	WI
2044	DON BOSETTI	M		BELOIT	WI	2120	SANDY FIENE	F		PRAIRIE DU SAC	WI
2624	NATALIE BOUSQUET	F		MADISON	WI	2121	TRISHA FINNIGAN	F		WAUNAKEE	WI
2045	MARY BRADFORD	F		PETERSBURG	IL	2122	ROSIE FISCUS	F		OREGON	WI
2046	STANLEY BREIBY	M		MC FARLAND	WI	2123	KITTY FISHER-TOBIAS	F		STOUGHTON	WI
2047	VERNA BRELLENTHIN	F		OREGON	WI	2124	PAT FITZGERALD	F		JEFFERSON	WI
2048	JENNIFER BREVARD	F		STOUGHTON	WI	2125	KAREN FITZSIMONS	F		DODGEVILLE	WI
2049	SHARON BROCKEL	F		MADISON	WI	2126	MELISSA FLANAGAN	F		PRAIRIE DU SAC	WI
2050	CATHERINE BROOME	F		STOUGHTON	WI	2127	KRISTIN FLEMING	F		MIDDLETON	WI
2052	PAULA BROWN	F		LAKE MILLS	WI	2128	LARRY FLESSERT	M		FORT ATKINSON	WI
2051	LAUREL BROWN	F		STOUGHTON	WI	2129	STEPHANIE FLOCK	F		STOUGHTON	WI
2053	CRYSTAL BRUMLEY	F		MIDDLETON	WI	2130	KIMBERLY FOLEY	F		STOUGHTON	WI
2054	JEAN BULA	F		PRAIRIE DU CHIEN	WI	2131	TODD FONSTAD	M		OSHKOSH	WI
2055	LIANNE BURNSON	F		MADISON	WI	2132	WENDY FORD	F		SUN PRAIRIE	WI
2574	LORI BURROW	F		MCFARLAND	WI	2133	CINDY FORSYTHE	F		WAUPUN	WI
2575	ROBERT BURROW	M		MCFARLAND	WI	2134	PETER FOY	M		STOUGHTON	WI
2056	PEGGY BURSACK	F		STOUGHTON	WI	2578	MIKE FOY	M		RACINE	WI
2057	LISA CALL	F		MADISON	WI	2579	SUSAN FOYE	F		MADISON	WI
2058	HEIDI CAMPBELL	F		WATERLOO	WI	2135	ANN FREIWALD	F		MADISON	WI
2059	ALISHA CAPPS	F		MADISON	WI	2136	KELLEY FREY	F		JANESVILLE	WI
2060	DAVID CARLSON	M		MADISON	WI	2137	SIERRA FRISCH	F		STOUGHTON	WI
2061	LISA CARMICHAEL	F		STOUGHTON	WI	2138	SUE FRISCH	F		STOUGHTON	WI
2062	KATHRYN CARR	F		HARSHAW	WI	2139	DARCY FUGATE	F		EDGERTON	WI
2063	KEVIN CARRIGAN	M		MADISON	WI	2140	NANCY FUHRMAN	F		STOUGHTON	WI
2064	GILLIAN CARTER	F		MADISON	WI	2141	LINDA FULLER	F		OREGON	WI
2065	HEATHER CASPER	F		MADISON	WI	2580	PATRICIA FULMER	F		MADISON	WI
2066	JOE CLAUDIUS	M		MADISON	WI	2142	JOAN FUNSETH	F		NEW GLARUS	WI
2067	MARLENE CLAUDIUS	F		MADISON	WI	2143	HAZEL GAARD	F		OREGON	WI
2068	CAROL CLICK	F		DANVILLE	CA	2581	SUSAN GALLO	F		WATERFORD	WI
2069	KENNETH COFFEEN	M		MADISON	WI	2144	KELLY GASPAS	F		STOUGHTON	WI
2576	ALLAN COLLINS	M		STOUGHTON	WI	2602	JENIFER GATES	F		STOUGHTON	WI
2577	SASHA COLLINS	F		STOUGHTON	WI	2145	LINDA GAVOL	F		MIDDLETON	WI
2070	JANE CONNELL	F		SHENANDOAH	IA	2147	REBECCA GERBER	F		STOUGHTON	WI
2071	TAMMY CONNERY	F		CAMBRIDGE	WI	2146	KATHIE GERBER	F		STOUGHTON	WI
2072	JODIE COOK	F		STOUGHTON	WI	2148	NANCY GERRY	F		VERONA	WI
2073	KERRY COPUS	F		OREGON	WI	2149	DONALD GIBSON	M		STOUGHTON	WI
2074	DONNA CORCORAN	F		MADISON	WI	2150	JANICE GIBSON	F		STOUGHTON	WI
2075	MADELINE CORELLI	F		MADISON	WI	2151	STACEY GIBSON	F		STOUGHTON	WI
2599	DEBBIE CORNISH	F		MCFARLAND	WI	2582	DEBBIE GIDDLEY	F		MCFARLAND	WI
2600	PAMELA COTANT	F		MADISON	WI	2152	KAREN GILBERT	F		MADISON	WI





# 2004 Walk Participants

NO.	NAME	SEX	AGE	CITY	STATE	NO.	NAME	SEX	AGE	CITY	STATE
2153	MICHELLE GLEESON	F		MIDDLETON	WI	2225	CAROLE JOHNSON	F		STURGEON BAY	WI
2154	MARYANN GOSDA	F		MADISON	WI	2227	JERRY JOHNSON	M		STURGEON BAY	WI
2155	DONNA GRADY	F		PORT WASHINGTON	WI	2226	ERIC JOHNSON	F		STOUGHTON	WI
2157	JERRY GRAFFIN	M		STOUGHTON	WI	2228	KAREN JOHNSON	F		MARKESAN	WI
2156	JAY GRAFFIN	M		STOUGHTON	WI	2230	ELIZABETH JONES	F		MADISON	WI
2158	MARY GRALL	F		COLUMBUS	WI	2610	CORYN JUDD	F		STOUGHTON	WI
2583	DAN GRANGER	M		EDGERTON	WI	2231	CHUCK JUDERJAHN	M		STOUGHTON	WI
2159	TENAYA GRANT	F		STOUGHTON	WI	2232	KATE JUDERJAHN	F		STOUGHTON	WI
2160	CAROL CRAWWE	F		HAZEL GREEN	WI	2233	CARRIE KAHN	F		WAUKESHA	WI
2161	SUSAN GREENLER	F		STOUGHTON	WI	2234	DIANE KAISER	F		AVOCA	WI
2162	JILL GREGOIRE	F		WHITEWATER	WI	2235	JOHN KALKIRTZ	M		BELOIT	WI
2163	LESLIE GRIFFITH	F		MADISON	WI	2236	INGRID KALLICK	F		MADISON	WI
2164	ANNA GRINDE	F		MADISON	WI	2237	KAIA KALSCHUR	F		SUN PRAIRE	WI
2165	JON GRINDE	M		MADISON	WI	2238	KRISTINE KALSCHUR	F		OREGON	WI
2167	MARY GROSS	F		MC FARLAND	WI	2240	SALLY KALSCHUR	F		OREGON	WI
2166	CHRIS GROSS	F		MADISON	WI	2239	MEGAN KALSCHUR	F		OREGON	WI
2168	SUE GUESS	F		MADISON	WI	2241	KRISTI KAMIN	F		VERONA	WI
2169	ANDY HAAS SCHNEIDER	F		WATERFORD	WI	2242	HOLLY KANGAS	F		MADISON	WI
2170	TERRI HACK	F		STOUGHTON	WI	2243	DALE KAUFMAN	F		MADISON	WI
2171	BETH HADLEY	F		MADISON	WI	2244	DIANE KELLNHOFER	F		STOUGHTON	WI
2173	RHONDA HAHN	F		MADISON	WI	2245	KIPLING KELLOGG	M		MADISON	WI
2174	RICK HALBACH	M		MADISON	WI	2246	MARGARET KELLOGG	F		MADISON	WI
2175	LAURA HALL	F		OREGON	WI	2247	PENNY KEMPAINEN	F		CROSS PLAINS	WI
2177	EVY HALVERSON	F		BARNEVELD	WI	2586	CARY KENDALL	M		MADISON	WI
2176	DEE HALVERSON	F		VERONA	WI	2248	PAMELA KENDLER	F		MADISON	WI
2178	SUE HALVERSON-NATVI	F		COTTAGE GROVE	WI	2249	SHERRY KESSLER	F		LODI	WI
2179	PHYLLIS HANKE	F		FORT ATKINSON	WI	2250	ANN KINKADE	F		MADISON	WI
2180	JANE HANS	F		OREGON	WI	2251	SHAWN KIPPLEY	F		BELLEVILLE	WI
2603	GREGORY HANSEN	M		FITCHBURG	WI	2252	DEBORAH KIRLEY	F		STOUGHTON	WI
2627	PATRICIA HANSON	F		STOUGHTON	WI	2253	JACKIE KITTEL	F		MADISON	WI
2181	KATHLEEN HAPPEL	F		VERONA	WI	2611	DAN KITTLESON	M		STOUGHTON	WI
2604	SUSAN HARGRAVE	F		STOUGHTON	WI	2254	JENNIFER KLAWITER	F		VERONA	WI
2182	ELIZABETH HARRISON	F		WHITEFISH BAY	WI	2255	KAREN KNAPP	F		STOUGHTON	WI
2183	MICHELLE HASENOHRL	F		ARLINGTON HEIGHTS	WI	2257	STEPHANIE KNAPP	F		STOUGHTON	WI
2184	CAROL HAYES	F		ELM GROVE	WI	2258	SUE KNAPP	F		MADISON	WI
2605	DIANE HEDGE	F		HURRICANE MILLS	TN	2256	KATHLEEN KNAPP	F		MADISON	WI
2185	BETH HEFFRON	F		BROOKLYN	WI	2259	SUSAN KNOWLES	F		MADISON	WI
2186	JUNANN HEINEN	F		JANESVILLE	WI	2631	SARAH KNUTSON	F		STOUGHTON	WI
2187	LAURIE HELLEBRAND	F		WAUNAKEE	WI	2260	DAWN KONICEK	F		STOUGHTON	WI
2188	PAM HELSTAD	F		STOUGHTON	WI	2261	CINDY KORATKO	F		STOUGHTON	WI
2189	MOLLY HENDRICKSON	F		STOUGHTON	WI	2262	SUSAN KOSH	F		STOUGHTON	WI
2190	KIM HENES	F		EVANSVILLE	WI	2612	EMILY KOSTER	F		MADISON	WI
2191	DARCY HENRIKSEN	F		WATERTOWN	WI	2263	DIANE KRAEMER	F		PLAIN	WI
2628	JODI HERBST	F		STOUGHTON	WI	2264	GWEN KRAEMER	F		PLAIN	WI
2192	GREG HERMUNDSTAD	M		MADISON	WI	2265	WILL KRAMER	M		MADISON	WI
2193	GWEN HERRBOLDT	F		SPRING GREEN	WI	2613	MARY KRANTZ	F		STOUGHTON	WI
2194	ROBERT HESS	M		ROCKFORD	IL	2266	CHRISTINE KRIEGL	F		MADISON	WI
2195	PATTI HETZEL	F		MIDDLETON	WI	2267	HELEN KROLL	F		OREGON	WI
2196	LINDA HICKEN	F		MADISON	WI	2268	PAM KUEHL	F		FORT ATKINSON	WI
2606	AMY HILGENDORF	F		STOUGHTON	WI	2269	KATIE KUNZ	F		PORTAGE	WI
2607	BETH HILGENDORF	F		STOUGHTON	WI	2270	LINDA KUSTKA	F		MADISON	WI
2629	DENNIS HILGENDORF	M		STOUGHTON	WI	2271	SHERRY LANGE	F		OREGON	WI
2630	SARA HILGENDORF	F		STOUGHTON	WI	2272	MARY LARSEN	F		EVANSVILLE	WI
2197	JOSEPH HILGERS	M		MIDDLETON	WI	2273	JERRY LARSON	M		BLANCHARDVILLE	WI
2198	JUDITH HILGERS	F		MIDDLETON	WI	2275	TODD LARSON	M		BLANCHARDVILLE	WI
2199	MICHAEL HILL	M		MC FARLAND	WI	2274	LE ANN LARSON	F		IOWA CITY	IA
2200	NICHOLE HINKEL	F		JANESVILLE	WI	2276	NANCY LAWRENCE	F		FORT ATKINSON	WI
2201	JANE HIPKE	F		EVANSVILLE	WI	2277	ED LEDWIDGE	M		MADISON	WI
2608	SCOTT HIPKE	M		EVANSVILLE	WI	2278	IDA LEE	F		WINFIELD	IL
2609	CHRISTIE HITE	F		STOUGHTON	WI	2279	KERRI LEETMAA	F		MADISON	WI
2202	BETTY HODGSON	F		MADISON	WI	2280	DEB LEGREID	F		STOUGHTON	WI
2203	CANDICE HOEKSTRA	F		MADISON	WI	2281	JERRY LEHMAN	M		MADISON	WI
2204	JULIE HOGLAND	F		DANE	WI	2282	NATHAN LEHMAN-ZIEBA	F		MADISON	WI
2205	CAROL HOLLAR	F		DARIEN	IL	2283	MARY LEHRER	F		MONONA	WI
2584	RANDY HOLLEY	M		STOUGHTON	WI	2614	JUDITH LEIMER	F		MADISON	WI
2208	RACHEL HOLTAN	F		VERONA	WI	2284	TRACI LEIS	F		NORWALK	WI
2207	LISA HOLTAN	F		LINDENHURST	IL	2615	AMY LEMBERGER	F		VERONA	WI
2206	COLLEEN HOLTAN	F		MADISON	WI	2285	MARY LEMKE	F		DEERFIELD	WI
2209	BRENDA HOPPENJAN	F		PRAIRIE DU CHIEN	WI	2286	KAREY LEONARD-BERG	F		MADISON	WI
2585	LISA HOPWOOD-NEWTON	F		MADISON	WI	2287	PAMELA LESH	F		MADISON	WI
2210	MARY HOWICK	F		MIDDLETON	WI	2288	CINDY LIEN	F		OREGON	WI
2211	NEIL HOXIE	M		MADISON	WI	2289	MARTINA LINDSETH	F		EAU CLAIRE	WI
2212	REBECCA HOYT	F		MADISON	WI	2290	BARBARA LOCKWOOD	F		MIDDLETON	WI
2213	GERI HUEMMER	F		MADISON	WI	2291	DEB LOHR-FOSTER	F		CROSS PLAINS	WI
2214	KAREN HUNDLEY	F		MADISON	WI	2292	JEFFREY LOOS	M		MADISON	WI
2215	NANCY HUNT	F		PLATTEVILLE	WI	2293	LORENE LUDY	F		MADISON	WI
2216	LORRIE HYLKEMA	F		MADISON	WI	2587	DENISE LUNSWAY	F		MADISON	WI
2217	DONNA JACOBSON	F		MADISON	WI	2294	KIM LYSNE	F		WAUNAKEE	WI
2218	JULIANNE JANNY	F		JEFFERSON	WI	2295	JOANN MACKLIN	F		MADISON	WI
2219	MICHAEL JEFFERS	M		MADISON	WI	2296	ALYSON MACMULLAN	F		ST. PAUL	MN
2220	ROBERT JEFFERS	M		MEQUON	WI	2297	MARCIA MAIER	F		MIDDLETON	WI
2221	DENNIS JENKS	M		STOUGHTON	WI	2298	BRIDGET MALESYTCKI	F		MADISON	WI
2222	JEAN JENKS	F		STOUGHTON	WI	2299	KIMBERLY MALONEY	F		LODI	WI
2223	LARA JOANIS	F		MADISON	WI	2300	JEFF MANDEL	M		BLOOMINGTON	MN
2224	BONITA JOHNSON	F		MINNEAPOLIS	WI	2301	BEV MANSFIELD	F		STOUGHTON	WI
2229	KATHY JO JOHNSON	F		CROSS PLAINS	WI	2632	HOLLY MANSON	M		STOUGHTON	WI

# 2004 Walk Participants



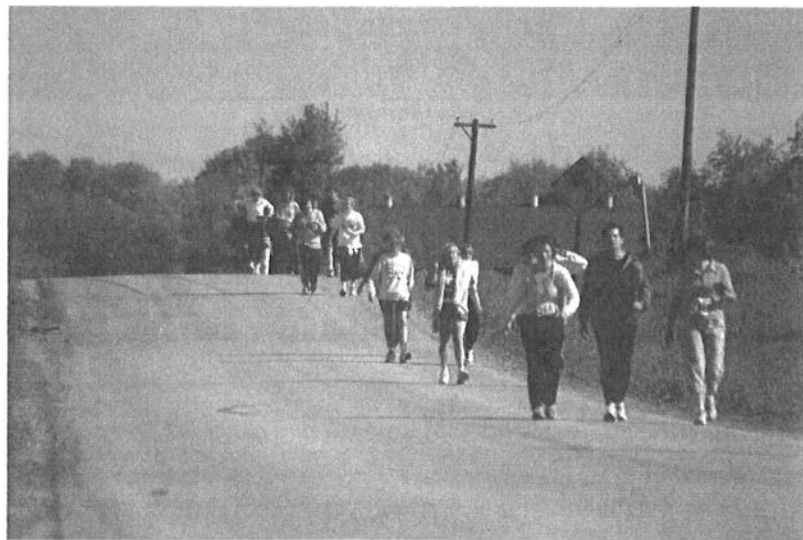
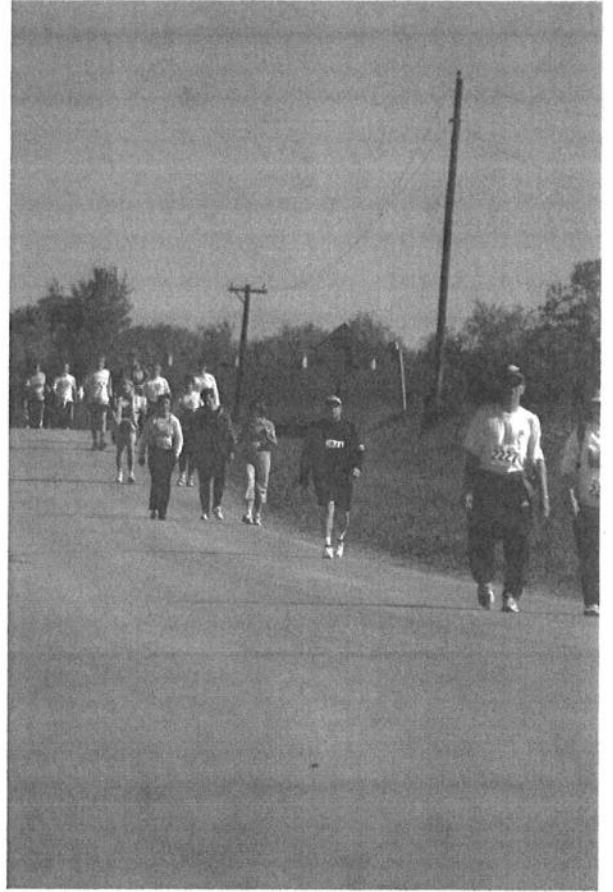
NO.	NAME	SEX	AGE	CITY	STATE	NO.	NAME	SEX	AGE	CITY	STATE
2302	ANN MAPES	F		MINOCQUA	WI	2384	KATHY PIRVH	F		JEFFERSON	WI
2303	MICHELE MARA	F		SUN PRAIRIE	WI	2619	PATRICIA PLAISTED	F		STOUGHTON	WI
2304	CHRISTIANE MARKLEY	F		MADISON	WI	2385	TERRI PLANK	F		STOUGHTON	WI
2616	KELLY MARKS	F		STOUGHTON	WI	2386	MICHELLE PLOESSL	F		BROOKLYN	WI
2305	MARACY MARQUIS	F		MCFARLAND	WI	2387	DAVID POLLARD	M		MADISON	WI
2306	SUE MARSDEN	F		OREGON	WI	2388	JOHN POPHAL	M		MADISON	WI
2308	KARI MARSHALL	F		PRAIRE DU SAC	WI	2633	SUSIE POTTER	F		JANESVILLE	WI
2309	TIM MARSHALL	M		PRAIRE DU SAC	WI	2389	JEAN PRAHL	F		MADISON	WI
2307	JOAN MARSHALL	F		LODI	WI	2390	MARY PRICE	F		BLOOMINGTON	WI
2310	SARAH MARTIN	F		MADISON	WI	2391	SHEILA PRZESMICKI	F		MADISON	WI
2311	JOHN MATHEW	M		MADISON	WI	2392	RACHEL QUADERER	F		NEW BERLIN	WI
2312	DENISE MATTKE	F		STOUGHTON	WI	2393	PATRICE QAULEY	F		EDGERTON	WI
2313	JIM MATTKE	M		STOUGHTON	WI	2394	MARGARET QUAM	F		DE PERE	WI
2314	REBECCA MATTSON	F		ROCKFORD	IL	2395	HEATHER RAABE	F		WAUNAKEE,	WI
2315	DOUGLAS MAUER	M		STOUGHTON	WI	2591	MICHELLE RACE	F		EVANSVILLE	WI
2617	SARAH MAUERMANN	F		JANESVILLE	WI	2396	LEAH RADER	F		DICKFORD	MI
2316	LEAH MAURER	F		STOUGHTON	WI	2397	ANGELA RAHN	F		MADISON	WI
2317	STACEY MAVES	F		STOUGHTON	WI	2398	PEGGY RAINBOW	F		MADISON	WI
2318	JERRY MC CANN	M		MADISON	WI	2399	ADRIENNE RAMIREZ	F		DEFORREST	WI
2319	MEGAN MC CANN	F		MADISON	WI	2400	DANIEL RAMSDEN	M		COTTAGE GROVE	WI
2320	THOMAS MC CRILL	M		MIDDLETON	WI	2620	DAVID RAMSDEN	M		STOUGHTON	WI
2321	STACY MCANULTY	F		OREGON	WI	2634	CHERYL RAWLINGS	F		MADISON	WI
2322	BONNIE MCCARTY	F		WAUNAKEE	WI	2635	MELANIE RAWLINGS	F		MADISON	WI
2323	ELIZABETH MCCREDIE	F		DEERFIELD	WI	2401	TERRI RAYFIELD	F		STOUGHTON	WI
2324	AMY MCGETTIGAN	F		POYNETTE	WI	2402	NANCY REIMER	F		MADISON	WI
2325	TERRY MCNAMARA	M		VERONA	WI	2403	ANNE REIS	F		MADISON	WI
2326	CYNTHIA MCPHAIL	F		MADISON	WI	2592	KARI REISER	F		STOUGHTON	WI
2327	ANNE MEDIN	F		MINNEAPOLIS	MN	2404	JILL REUF	F		PRAIRE DU SAC	WI
2328	SHARON MEHRING	F		WATERFORD	WI	2405	JACQUELYN RIBBLE	F		MCFARLAND	WI
2329	SUSAN MEIER	F		DANE	WI	2406	SUSAN RICHARDS	F		OREGON	WI
2330	TARA MERKEL	F		STOUGHTON	WI	2407	CAROLYN RIDGELY	F		MADISON	WI
2331	DOLORES MEYER	F		BLOOMINGTON	WI	2408	ANNE RIENDL	F		WAUKESHA	WI
2332	ELENA MEYER	F		MADISON	WI	2409	JIM RIESENBERG	M		PLYMOUTH	WI
2588	VICKY MEYERS	F		MADISON	WI	2410	JANE RINGSTAD	F		STOUGHTON	WI
2333	MARMAR MIAR	F		VERONA	WI	2411	KATHERINE RIPHAHN	F		MADISON	WI
2334	SALLY MIDTHUN	F		STOUGHTON	WI	2413	RACHEL RIPP	F		CROSS PLAINS	WI
2336	NICHOLAS MILLER	M		NEENAH	WI	2412	COURTNEY RIPP	F		CROSS PLAINS	WI
2340	WILLIAM MILLER	M		WAUSAU	WI	2414	MARY RITSCH	F		MADISON	WI
2339	SUSAN MILLER	F		WAUSAU	WI	2415	KEELY ROBBINS	F		STOUGHTON	WI
2338	RACHEL MILLER	F		BIRMINGHAM	MI	2416	BARBARA ROBINSON	F		MADISON	WI
2337	NICKI MILLER	F		MADISON	WI	2417	JENNIFER ROMANIN	F		OREGON	WI
2335	ANN MILLER	F		VERONA	WI	2418	CHARLES ROMSTAD	M		MADISON	WI
2341	JAY MITCHELL	M		MADISON	WI	2419	MICHELLE RONDON	F		MADISON	WI
2342	KARLA MOLL	F		WATERTOWN	WI	2420	SUSAN ROSO	F		STOUGHTON	WI
2343	JACK MORITZ	M		MAZOMANIE	WI	2421	DONNA ROSS	F		MIDDLETON	WI
2345	SUSAN MORRISSEY	F		STOUGHTON	WI	2422	CHERYL ROSTOWFSKE	F		STOUGHTON	WI
2344	DICK MORRISSEY	M		STOUGHTON	WI	2423	LORRI ROTH	F		MADISON	WI
2346	COLLEEN MURPHY	F		MADISON	WI	2424	CATHY ROYER	F		STOUGHTON	WI
2347	PATTI MURRAY	F		ELM GROVE	WI	2425	DEBBIE RUCHTI	F		WAUNAKEE	WI
2348	CINDY MUTTER	F		STOUGHTON	WI	2426	JEAN RUDE	F		STOUGHTON	WI
2349	GRETCHEN NAGLE	F		MADISON	WI	2427	LISA RUHLAND	F		PLAIN	WI
2618	BEV NEHLS	F		OREGON	WI	2428	JOAN RUNDHAUG-WITZ	F		OREGON	WI
2350	BRIAN NELSON	M		EVANSVILLE	WI	2429	MARIANNE RUSS	F		MADISON	WI
2352	NANCY NELSON	F		MADISON	WI	2430	GENE RUUD	M		MADISON	WI
2351	KURTIS NELSON	M		DEERFIELD	WI	2431	SHARON RYAN	F		MADISON	WI
2353	KIMBERLY NEPERUD	F		PRAIRE DU SAC	WI	2636	MISSY SAMPSON	F		OREGON	WI
2589	DAVE NETTUM	M		EDGERTON	WI	2432	LINDA SAUNDERS	F		STOUGHTON	WI
2354	CHRISTINA NEWTON	F		MADISON	WI	2433	KIMBERLY SCHAUDER	F		STOUGHTON	WI
2355	ANNE-MARIE NICKEL	F		WAUWATOSA	WI	2637	BROOKE SCHEIN	F		STOUGHTON	WI
2356	JONI NOGAY	F		SUN PRAIRE	WI	2434	JEAN SCHENK	F		MADISON	WI
2357	VICKI NOLDEN	F		LODI	WI	2435	KATHLEEN SCHILTER	F		MADISON	WI
2358	JULIE O'CONNOR	F		WEST ALLIS	WI	2436	AMELIA SCHMIDT	F		MADISON	WI
2359	MARY KAY O'CONNOR	F		WAUNAKEE	WI	2437	BONNIE SCHMIDT	F		MADISON	WI
2363	JOHN OLSEN	M		STOUGHTON	WI	2438	KAY SCHMITZ	F		MOUNT HOPE	WI
2360	ELLEN OLSEN	F		MARSHFIELD	WI	2638	JON SCHNEIDER	M		MADISON	WI
2361	GALIA HAGG OLSEN	F		BLACK EARTH	WI	2439	TERESA SCHOENTHAL	F		STOUGHTON	WI
2362	JACKIE OLSEN	F		PARDEEVILLE,	WI	2440	DEBRA SCHUFLETOWSKI	F		STOUGHTON	WI
2364	CLIFFORD OLSON	M		COTTAGE GROVE	WI	2441	KATHY SCHULTZ	F		JANESVILLE	WI
2366	KATHY OLSON	F		MIDDLETON	WI	2639	BARBARA SCHWARTZ	F		MADISON	WI
2370	VICTORIA OLSON	F		STOUGHTON	WI	2593	MAUREEN SCHWARZ	F		MIDDLETON	WI
2367	MARY OLSON	F		MIDDLETON	WI	2442	KRISTI SEEGER	F		STOUGHTON	WI
2369	SUSAN OLSON	F		STOUGHTON	WI	2443	JENNY SEELEY	F		PLAINFIELD	IL
2368	PATRICIA OLSON	F		MC FARLAND	WI	2640	BARRY SEIFERT	M		MOUNT HOREB	WI
2365	JERIE OLSON	F		DEFORREST	WI	2444	VALERIE SELLNER	F		MADISON	WI
2371	NANCY ONKEN	F		MADISON	WI	2445	DAWN SHAW	F		OREGON	WI
2590	JANE OPPTS	F		DEFORREST	WI	2446	SARA SHIMEK	F		STOUGHTON	WI
2372	JILL OSWALD	F		WATERTOWN	WI	2447	TERI SHORE	F		STOUGHTON	WI
2373	CARL PALM	F		MADISON	WI	2448	JANE SHOWERS	F		DEFORREST	WI
2374	ANNA PALMER	F		MADISON	WI	2449	LAWRENCE SHRIBERG	M		MADISON	WI
2375	PATRICIA PARRELL-SO	F		MAZOMANIE	WI	2450	DALE SIGNER	M		BROWNTOWN	WI
2376	SUSAN PATZ	F		WAUNAKEE	WI	2451	KAREN SIGNER	F		BROWNTOWN	WI
2377	KATHY PAZAK	F		MCFARLAND	WI	2452	JENNY SIMPLOT	F		OREGON	WI
2378	TERESA PEACH	F		OREGON	WI	2594	ROSIE SKIBBA	F		COTTAGE GROVE	WI
2379	SUSAN PELLITO	F		PLAINFIELD	IL	2453	LUANN SKINNER	F		FITCHBURG	WI
2380	JOSEPH PERRON	M		MCFARLAND,	WI	2455	STEVE SKINNER	M		FITCHBURG	WI
2381	KAREN PETERS	F		OREGON	WI						



# 2004 Walk Participants

NO.	NAME	SEX	AGE	CITY	STATE	NO.	NAME	SEX	AGE	CITY	STATE
2454	MARISA SKINNER	F		STOUGHTON	WI	2623	ANNE WASHBUSH	F		MADISON	WI
2456	GAIL SKLADOWSKA	F		MILWAUKEE	WI	2536	SHIRLEY WEGMULLER	F		BLOOMINGTON	WI
2457	SARA SLAGER	F		STOUGHTON	WI	2537	LINDA WENDT	F		JANESVILLE	WI
2458	NANCY SMITHBACK	F		MADISON	WI	2538	BRIAN WETHAL	M		STOUGHTON	WI
2459	JILL SMUKOWSKI	F		DOUSMAN	WI	2539	ANNA WHALEN	F		DODGEVILLE	WI
2460	ANITA SOMMERS	F		MADISON	WI	2540	MARY WHITCOMB	F		MADISON	WI
2461	CONNIE SOOTS	F		SOUTH MILWAUKEE	WI	2541	NANCY WIEGAND	F		MADISON	WI
2462	DAWN SORDAHL	F		STOUGHTON	WI	2641	PAMELA WIESEN	F		MADISON	WI
2463	GINA SORENSON	F		EVANSVILLE	WI	2542	RANDA WILBERG	F		STOUGHTON	WI
2464	AMY SPACH	F		BROOKLYN	WI	2543	SARAH WILLEMS	F		RACINE	WI
2465	JULIE SPAIN	F		ROCKFORD	IL	2546	KAREN WILLIAMS	F		VERONA	WI
2466	DICK SPANGLER	M		STOUGHTON	WI	2545	GUY WILLIAMS	M		VERONA	WI
2467	PHYLLIS SPANGLER	F		STOUGHTON	WI	2544	DONALD WILLIAMS	M		CALEDONIA	IL
2468	MARIA SPELLER	F		MADISON	WI	2547	TAMMY WILLIAMS	F		JANESVILLE	WI
2469	JOYCE SPLAN	F		BELOIT	WI	2548	SUSAN WILLIS	F		ROCKVILLE	MD
2470	SHERRI STJOHN	F		SKOKIE	IL	2550	PAM WILSON	F		STOUGHTON	WI
2471	YOLANDA STAATS	F		STOUGHTON	WI	2549	JERRY WILSON	M		STOUGHTON	WI
2472	JULIE STANEK	F		DEFORREST	WI	2551	TAMMY WISE	F		STOUGHTON	WI
2595	TRACI STANEK	F		MIDDLETON	WI	2552	MELANIE WITTE	F		MADISON	WI
2473	PAUL STATZ	M		MADISON	WI	2553	JACKIE WITTER	F		MCFARLAND	WI
2596	SUSAN STEINER	F		JUNEAU	WI	2555	KATHY WOODS	F		THORP	WI
2474	SARA STONE	F		MADISON	WI	2554	BETH WOODS	F		JANESVILLE	WI
2475	BELINDA STORMS	F		DEERFIELD	WI	2556	AMY WOODSTOCK	F		EVANSVILLE	WI
2476	KRYSTTE STORMS	F		DEERFIELD	WI	2557	BETH ANN WORKMASTER	F		MADISON	WI
2477	HEATHER STRAND	F		SUN PRAIRIE	WI	2558	ALEXANDRA WRIGHT	F		MADISON	WI
2478	DIANE STROHMENGER	F		OREGON	WI	2559	CARRIE XANDER	F		BROOKLYN	WI
2621	MARY STROUD	F		MADISON	WI	2559	KAREN YAEGER	F		MADISON	WI
2480	GEORGE STURM	M		STOUGHTON	WI	2562	LENA YARGER	F		LOVES PARK	IL
2479	CINDI STURM	F		STOUGHTON	WI	2561	JOYCE YARGER	F		BELVIDERE	IL
2481	DAWN SULLIVAN	F		OREGON	WI	2564	RON YEE	M		MADISON	WI
2482	DON SULOFF	M		MIDDLETON	WI	2563	RAMONA YEE	F		MADISON	WI
2483	ALBERT SWAIN	M		BLUE MOUNDS	WI	2565	JOHN ZERBE	M		MADISON	WI
2484	ASTRID SWAIN	F		BLUE MOUNDS	WI	2598	GLORIA ZILLMER	F		JANESVILLE	WI
2485	MICHELLE SWAIN	F		MADISON	WI	2566	MARY ZIMMERMAN	F		EVANSVILLE	WI
2622	LARRY SWALHEIM	M		STOUGHTON	WI	2567	PAT ZMUDA	F		WAUSAU	WI
2486	LOUISE SWOPE	F		NIAGARA	WI	2568	LEN ZUBRENSKY	M		MILW/SOREWOOD	WI
2487	LINDA SZCZEPKOWSKI	F		MADISON	WI	2569	DEAN ZWEIFEL	M		WHITEWATER	WI
2488	AIMEE TAUBE	F		WALLED LAKE	MI						
2490	RON TAUCHEN	M		STOUGHTON	WI						
2489	LIZ TAUCHEN	F		STOUGHTON	WI						
2491	JOANNE TAYLOR	F		MADISON	WI						
2492	VIOLA TEACHOUT	F		AMBERG	WI						
2493	ELYSE TEBON	F		STOUGHTON	WI						
2494	NICK TEEHAN	M		MADISON	WI						
2495	CINDY TESKE	F		MADISON	WI						
2496	HEATHER THEEL	F		EVANSVILLE	WI						
2497	MICHAEL THOMAS	M		MADISON	WI						
2498	JOHN THOMPSON	M		STOUGHTON	WI						
2499	PAUL THOMPSON	M		MADISON	WI						
2500	NANCY THULIN	F		GURNEE	IL						
2501	SHANNON TOLLEFSRUD	F		JANESVILLE	WI						
2502	CONNIE TRANTOW	F		MADISON	WI						
2503	MARY TREMAINE	F		MADISON	WI						
2504	JEAN TRETOW-SCHMITZ	F		MADISON	WI						
2506	DONNA TROLINGER	F		BROOKLYN	WI						
2505	DANIEL TROLINGER	M		BROOKLYN	WI						
2507	KATHRYN TRUDELL	F		MADISON	WI						
2508	KATHLEEN TRUE	F		BROOKFIELD	WI						
2509	TARA TUINSTRA	F		MIDDLETON	WI						
2510	JARROD TUITE	M		EDGERTON	WI						
2511	KIMBERLY TURNER	F		WOODSTOCK	IL						
2512	GENE TURNIPSEED	M		MADISON	WI						
2513	MARY TYRRELL	F		SHOREWOOD	WI						
2514	PATRICE UDELHOFEN	F		MADISON	WI						
2515	CARRIE UFKES	F		JANESVILLE	WI						
2516	MAUREEN ULRIKSON	F		BEAVER DAM	WI						
2517	HEATHER VAIL	F		MADISON	WI						
2518	BONNIE VALLEY	F		MADISON	WI						
2519	JANET VANDENBERGH	F		SUN PRAIRIE	WI						
2520	JUDY VANDER VEEN	F		SAN JOSE	CA						
2521	SUE VATER OLSEN	F		NEW LONDON	WI						
2522	DOLORES VAUGHN	F		LAKE GENEVA	WI						
2523	ALICIA VERNIG	F		EDGERTON	WI						
2597	CATHERINE VESSELL	F		HOLT	MI						
2524	JULIE VOLLA	F		CAMBRIDGE	WI						
2525	DAVID WADE	M		MADISON	WI						
2526	EMILY WAGENER	F		MILWAUKEE	WI						
2529	MARCIA WAGNER	F		MADISON	WI						
2528	DENNIS WAGNER	M		MIDDLETON	WI						
2527	BRENDA WAGNER	F		VERONA	WI						
2530	SUZANNE WAKE	F		VERONA	WI						
2531	LISA WALD	F		OREGON	WI						
2532	JANET WALKBURGER	F		STOUGHTON	WI						
2534	STUART WALKER	M		STOUGHTON	WI						
2533	BENITA WALKER	F		MADISON	WI						
2535	DEBI WANKERL	F		PRAIRIE DU SAC	WI						

# 2004 Walk Participants



# 2005 Syttende Mai Run & Walk Official Entry Form May 14, 2005

## Run & Walk Entry Fees

by May 1: \$25  
 May 2-May 12: \$30  
 May 13 or day of: \$40

**REGISTER EARLY  
to avoid the price  
increase!**

Make Checks payable to:  
 Syttende Mai Run  
 532 E. Main Street  
 Stoughton, WI 53589  
 or register online at  
[www.active.com](http://www.active.com)  
**NO REFUNDS!**

**Please print clearly and legibly!**

(Address labels work well)

1. Please sign me up for the:  Run or  Walk

2. \_\_\_\_\_ MI  
Last Name First Name

3. \_\_\_\_\_  
Address

4. \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
City

5. \_\_\_\_\_  
Sex

6. \_\_\_\_\_  
Age as of 5/14/05 (must have for the run)

7. (\_\_\_\_) \_\_\_\_\_  
Phone Number

8. \_\_\_\_\_  
Champion Chip # (If you have your own chip, must start w/ a letter)

9. e-mail address (needed for confirmation) \_\_\_\_\_  
Please Print Clearly!

10. Amount Paid \$ \_\_\_\_\_

11. To help us plan, please indicate if you will need a bus ride (\$2.00 upon boarding the bus.)

\_\_\_\_\_ Stoughton to Madison before event starting at 5:30 a.m.

\_\_\_\_\_ Stoughton to Madison after event starting at 12:00 p.m.

12. Number of years previously participated: Run \_\_\_\_\_ Walk \_\_\_\_\_  
(needed for results book)

### 13. **\*\*Important! Please Read!**

#### Release of Claims

In consideration of the acceptance of my entry in the Syttende Mai Run or Walk held on May 14, 2005, I release the Stoughton Chamber of Commerce, Syttende Mai Committee, it's members and officers, the City of Stoughton, Dane County, City of Madison, Town of Dunn, Town of Madison, the various event sponsoring organizations, and other individuals or entities who are in any way connected to the event, including any volunteers assisting with the event from any liability or claims for injury or illness that I might sustain during my participation in these events or that is in any other way related to these events.

I understand that this release applies to myself and my personal representatives, heirs and assigns. I know that running or walking is a potentially hazardous activity, but represent that I am trained adequately and am medically able. I assume all risks associated with running or walking, including but not limited to falls, contact with other participants, effects of weather including high heat and/or humidity, traffic and the conditions of the roads. Further, I grant full permission without compensation to the Syttende Mai Committee to use any photographs, videotapes, motion pictures, recordings or any other reproduction of my participation in any event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Signature of Parent or Guardian if under 18:

T-Shirt Size  
 S  L  
 M  XL



# Medical Self-Care for Beginning Runners

**Training and Preparation:** You should be able to run at least 10 miles at 10-12 minutes per mile pace to finish this race. If you eat before the race, eat a light breakfast at least 3 hours before starting time. Drink about 8 oz. of fluid one hour before. Start warming up (stretching and jogging) about 30 minutes before the run.

**Temperature** is a critical factor. Significant heat injury may occur at all temperatures, but particularly above 60° F, wear only light athletic clothing (shorts, t-shirt or tank top). As the temperature increases above 60° F, your pace should be reduced. For example, at 80° F, beginning runners should run at least 1 minute per mile slower.

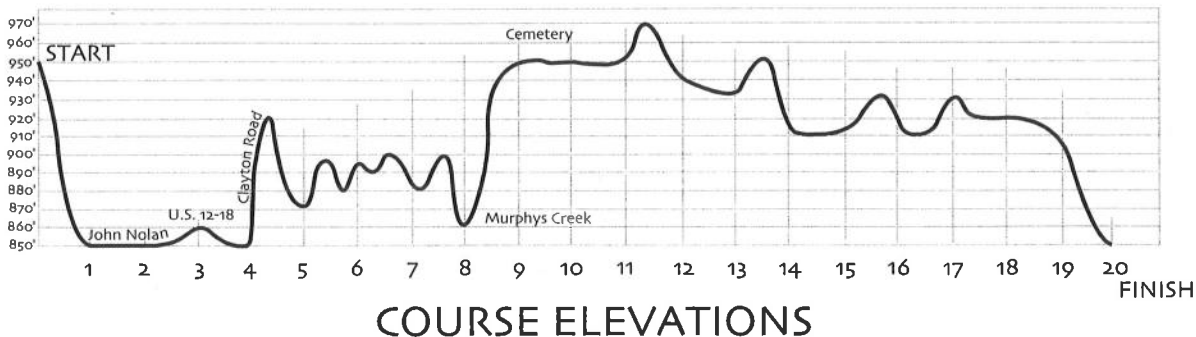
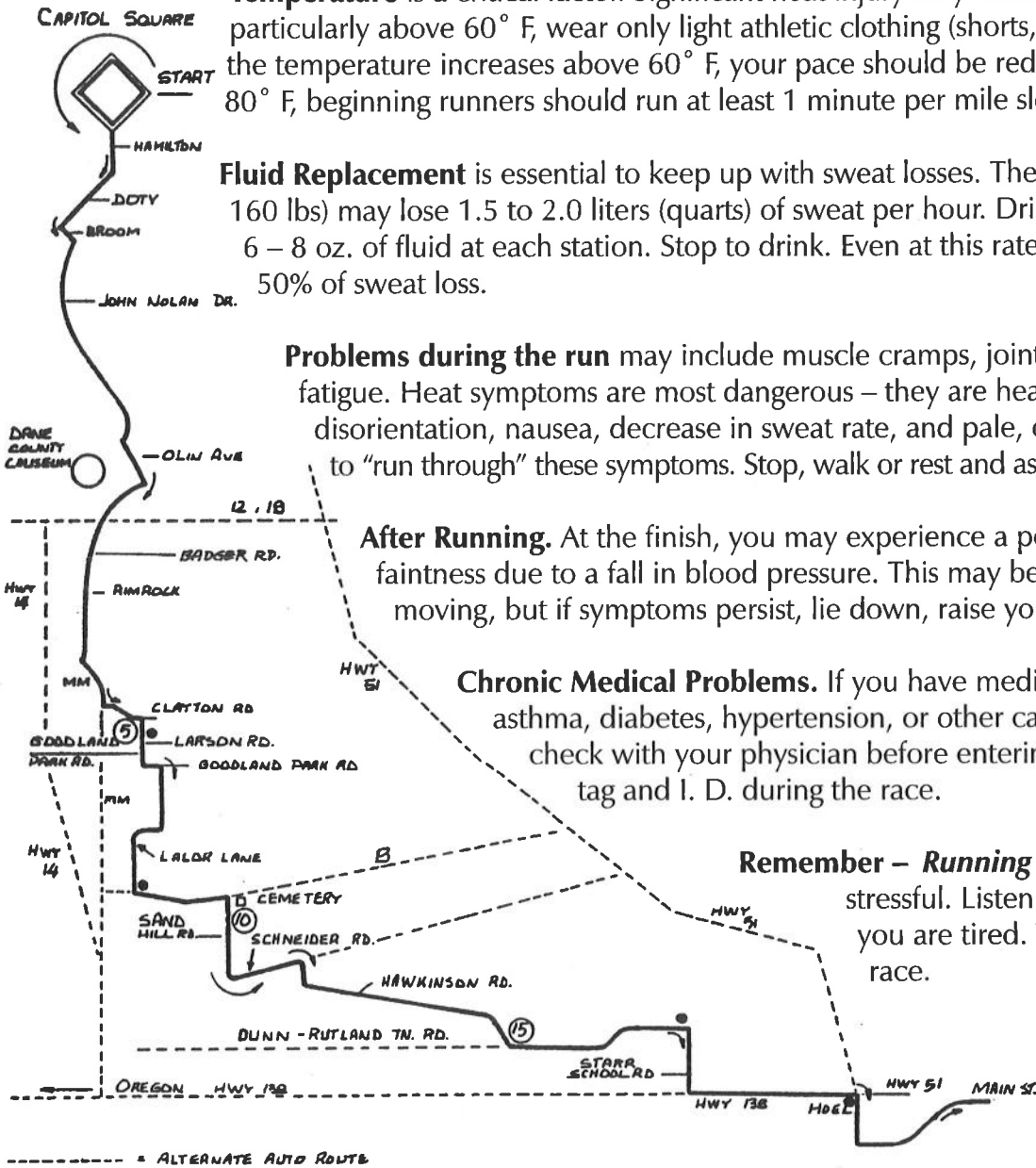
**Fluid Replacement** is essential to keep up with sweat losses. The average size male (140 – 160 lbs) may lose 1.5 to 2.0 liters (quarts) of sweat per hour. Drink 6 – 8 oz. of fluid at each station. Stop to drink. Even at this rate you may only replace 50% of sweat loss.

**Problems during the run** may include muscle cramps, joint pains, blisters and fatigue. Heat symptoms are most dangerous – they are headache, dizziness, disorientation, nausea, decrease in sweat rate, and pale, cold skin. Do not attempt to “run through” these symptoms. Stop, walk or rest and ask for help.

**After Running.** At the finish, you may experience a period of dizziness or faintness due to a fall in blood pressure. This may be prevented if you keep moving, but if symptoms persist, lie down, raise your legs and call for help.

**Chronic Medical Problems.** If you have medical problems such as asthma, diabetes, hypertension, or other cardiovascular problems, check with your physician before entering. Wear a “Medic Alert” tag and I. D. during the race.

**Remember – Running is Fun.** But it can also be stressful. Listen to your body. Walk when you are tired. There is always another race.



## WHERE IS STOUGHTON, ANYWAY?

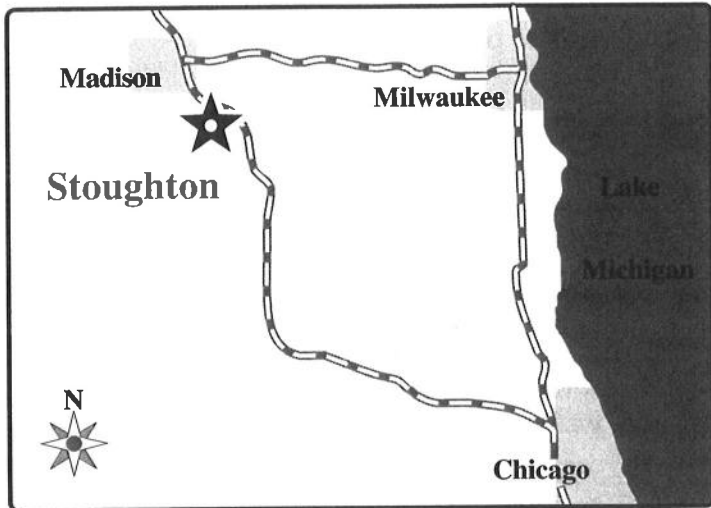
Stoughton is located in southeastern Dane County, Wisconsin, 20 miles southeast of Madison, on U.S. Hwy 51.

### Directions from Chicago and northern Illinois:

Follow I-90 west through Rockford, Beloit, and Janesville, WI. Continue on I-90 to the Stoughton exit, Exit # 156, onto U.S. Hwy. 51. Follow U.S. 51 for 6 miles into Stoughton.

### Directions from Milwaukee:

Follow I-94 west to the Sun Prairie / Cottage Grove exit, Exit # 244. Follow County Hwy. N to and through Cottage Grove, and continue on Hwy. N approximately 11 more miles to U.S. Hwy. 51 at the eastern edge of Stoughton. Turn right onto Hwy. 51.



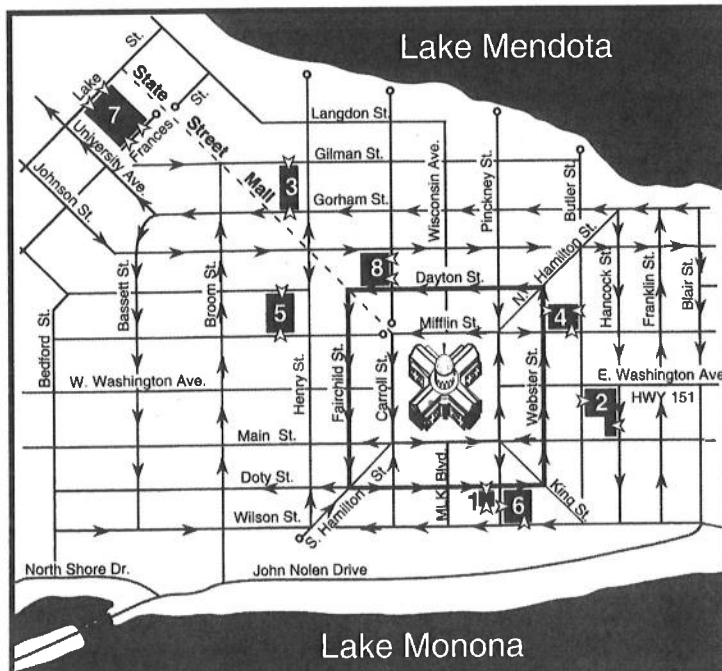
### Directions from Madison—three possible routes:

1. Take I-90 east (south) toward Chicago, and take the Stoughton exit, Exit #147. Turn right onto County Hwy. N and follow it 6 miles to U.S. Hwy. 51 at the eastern edge of Stoughton. Turn right onto Hwy. 51.  
—OR—
2. Take U.S. Hwy. 51 (Stoughton Road) south through McFarland approximately 13 miles into Stoughton.  
—OR—
3. Take U.S. Hwy 14 (Park St.) south to Oregon, to the Stoughton exit, and then turn left onto Hwy. 138. Follow 138 for 6 miles to U.S. Hwy. 51 at the western edge of Stoughton. Turn right onto U.S. 51.

## Lodging Accommodations

- **Chose Family Inn** 608/873-0330 [www.choseinn.com](http://www.choseinn.com)
- **Coachman's Golf Resort** 608/884-8484 [www.coachmans.com](http://www.coachmans.com)
- **Comfort Inn** 608/877-9000 or 888/386-8814 [www.comfortinn.com/hotel/wi75](http://www.comfortinn.com/hotel/wi75)
- **Naeset-Roe Inn (Bed & Breakfast)** 608/877-4150 [www.naesetroe.com](http://www.naesetroe.com)

## Downtown Map and Parking



### PARKING LOTS (Metered):

1. Block 88
2. Brayton Lot
3. Buckeye Lot

### PARKING RAMPS (Cashiered):

4. Capitol Square North Ramp
5. Civic Center Ramp
6. Government East Ramp
7. State Street Campus Ramp
8. State Street Capitol Ramp

## Contact Information

**Race Info:** 608/438-7912, 608/873-7912 or 888/873-7912 (9 a.m. to 5 p.m. Mon–Fri.)

**Fax:** 608/873-0104

**e-mail:** syttendemai17@yahoo.com

**Web site:** [www.stoughtonwi.com](http://www.stoughtonwi.com)

**Register on-line:** [www.active.com](http://www.active.com)

### Other events throughout the weekend of May 13, 14 & 15:

**Friday:** Opening Ceremonies, Canoe Race, Open Houses, Rosemaling Exhibit, Hardanger and Quilt Show, Various Demonstrations at downtown businesses, Village Players Production and Street Dance.

**Saturday:** Lil' Run, Arts & Crafts Fair, Viking Encampment, Norwegian Bunad Style Show, Youth Parade, Norwegian Dancers Performances, Open Houses, Rosemaling Exhibit, Hardanger and Quilt Show, Village Players Production, Music Performances by various groups and Norske Stomp.

**Sunday:** Open Houses, Rosemaling Exhibit, Hardanger and Quilt Show, Arts & Crafts Fair, Viking Encampment, Norwegian Parade, Norwegian Dancers Performance.

For a full schedule of events with times and locations please go to our website [www.stoughtonwi.com](http://www.stoughtonwi.com) or contact the Stoughton Chamber of Commerce office at 608/873-7912 or 1-888/873-7912.

## 33rd Annual Syttende Mai RUN and 19th Annual Syttende Mai WALK

The Syttende Mai run is a 20-mile race from Madison to Stoughton, and the walk is a noncompetitive 17-mile walk. The same route is used by both runners and walkers, and is on rolling blacktopped roads. The walk follows in the tradition of Europe's popular "volks marches." (See map on previous page.)

### GENERAL INFORMATION FOR BOTH RUNNERS & WALKERS

**REGISTRATION:** Mail entries to Syttende Mai Run, 532 E. Main St., Stoughton, WI 53589 or register on-line at [www.active.com](http://www.active.com). No telephone or fax registrations.

**ENTRY FEE:** \$25.00 for entries received by May 1; \$30.00 for entries received May 2-May 12; \$40.00 for entries received May 13 or day of race. All entries must be turned in by noon on Friday, May 13 or you must register at the starting line. Make checks payable to Syttende Mai Run. Payment must accompany entry form. NO REFUNDS.

**ENTRY CONFIRMATION:** We would like to email people their confirmation instead of sending postcards, so please include your email address on your entry form. If we do not have an email address for you, you will receive a postcard. Your notification with additional run/walk information will be mailed after May 4, 2005. Receiving the email or postcard indicates that you are registered. If you are entered in the wrong event email us at [syttendemai17@yahoo.com](mailto:syttendemai17@yahoo.com) or call us at 608-438-7912.

**FACILITIES:** Showers and dressing rooms are located at the finish line in Mandt Community Center. Bring your own towel. Duffel bags, sweats, jackets, etc. will be transported from the starting area to the finish area. The bus will be on S. Hamilton for the run, bring your own bag. For the walk ask the people at registration where to put your bag.

**TRANSPORTATION:** Buses will be available for runners and walkers from Mandt Park in Stoughton to Madison starting at 5:30 a.m. The last bus will leave Stoughton at 7:00 a.m. Return buses from Mandt Park in Stoughton to Madison will depart beginning at 11:00 a.m., with the last bus at 1:00 p.m. Cost is \$2.00 per person per trip; please pay when boarding bus.

**AID STATIONS & TOILETS:** Water provided at miles 3, 5, 8, 10, 12, 15, 17, 18, and finish. Gatorade provided at alternate stations. Fruit and refreshments will be available at the finish line until 1 p.m. (Paid participants only please!) Portable toilets will be available along the course.

**REMINDER:** Mile markers start at the run, so walkers need to subtract 3 miles to know where you are.

**RESTRICTIONS:** Absolutely no support vehicles, animals, bicycles, baby joggers, skateboards, roller skates, in-line skates, roller skis or other wheeled vehicles will be permitted on the race course (Except course marshals.) Runners receiving aid from any of the aforementioned will be subject to disqualification. You must walk/run 2 abreast, and stay on the left side of the road.

Syttende Mai officials reserve the right to disqualify any participant for inappropriate actions or behavior — including littering. *Please note: In order to have a safe route & to avoid traffic concerns, we will be strictly enforcing the 2 abreast rule and staying on the left side of the road rules. Please help us be good neighbors and be courteous.*

**FINISH AND AWARDS:** The finish is at Mandt Park on S. Fourth St., Stoughton. Be sure to enter the proper gate. T-shirts will be awarded only to those who finish by 1 p.m. Wearing your T-Shirt will gain you admission to most Syttende Mai events on Saturday and Sunday. Results, including official times for run, will be published in a souvenir booklet and mailed in January, 2006, to all registered participants.

### RUN INFORMATION

**DAY OF REGISTRATION:** 6:00 - 7:00 a.m. In front of Inn on the Park, on S. Carroll St., Madison.

**PACKET PICK-UP:** You must pick up your race number and chip the morning of the race. They will be available starting at 6:00 a.m. in front of Inn on the Park, S. Carroll St., Madison. Allow sufficient time to pick up your packet.

**START NOTE: NEW TIME!!:** Madison's Capitol Square at 7:30 a.m. near S. Hamilton St., water will be available at the start. Please use the port-a-potties located East of Walgreens near King Street.

**RACE TIMING:** Sports Management Associates, Inc. using the ChampionChip will time the run. You must wear the chip in order to be timed - no exceptions. You must also wear the provided race number on the front of your body to identify you as an official participant. Your chip will be given to you with your number and must be returned after the race. Failure to return the chip will result in the assessment of a \$30.00 fee. Splits read at miles 1, 2, 3, 4, 5, 10, 15, and Finish. No times after 12:00 Noon.

**AWARDS:** Awards ceremony at 10:30 a.m. at Mandt Park in Stoughton. Hand painted Rosemaled plates given to top 3 in each age division.

**RESULTS:** Results will be posted at the finish line. Complete results will also be available on our website by Tuesday after the race. An email or postcard with your finish information will be sent to you.

### WALK INFORMATION

**DAY OF RACE:** 5:45 - 6:45 a.m. Badger Bowl Parking Lot, 506 E. Badger Road, Madison.

**PACKET PICK-UP PLEASE NOTE - NEW PROCEDURE FOR 2005!!:** Walk numbers are to be picked up the morning of the walk. They will be available starting at 5:45 a.m. at the walk start/registration area in the Badger Bowl parking lot. You will no longer be able to pick up your number prior to the morning of the walk. There will be plenty of volunteers available to help with number pick up process. You must wear the provided walk number on the front of your body to identify you as an official participant.

**START:** Walkers may start walking between 6:00 a.m. - 7:00 a.m. from Badger Bowl, 506 E. Badger Rd., Madison (Parking is available behind Badger Bowl) Please Note: The course will be manned at 7:00 a.m.; there will be no aid stations or police controlled intersections before 7:00 a.m. Please be careful!! This is not a timed walk; no prizes are awarded.